

VULVAR MALIGNANT MELANOMA – CASE REPORT

MALIGNI MELANOM VULVE – PRIKAZ SLUČAJA

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Case report

Prikaz slučaja

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Abstract

Introduction. Vulvar carcinoma is a rare gynecological malignancy, accounting for 0.6 percent of all female cancers. **Case Report.** A 76-year-old woman presented with a tumorous lesion in the lower third of the left labia majora and minora, measuring approximately 25 mm. A multifocal biopsy was conducted, and pelvic magnetic resonance imaging revealed slight enlargement of a left inguinal solid lymph node. The patient underwent a left hemivulvectomy with inguinofemoral lymphadenectomy. Histopathological analysis confirmed a malignant lentiginous tumor, and inguinofemoral lymphadenectomy revealed metastatic malignant melanoma. Despite a negative histopathological finding of the contralateral side during the initial biopsy, the patient returned within three months with a 9-mm mucosal nodular type melanoma on the lower third of the right labia majora. A wide excision of the vulva was subsequently performed. Following consultation with a multidisciplinary tumor board, adjuvant immunotherapy with Pembrolizumab (200 mg per cycle, 9 cycles) was initiated. **Conclusion.** Vulvar malignant melanoma is rare, aggressive, and unpredictable tumor that predominantly affects women in later life. It is associated with a high recurrence rate and a poor overall prognosis.

Key words: Vulvar Neoplasms; Melanoma; Neoplasm Metastasis; Magnetic Resonance Imaging; Gynecologic Surgical Procedures; Chemotherapy, Adjuvant

Introduction

Vulvar carcinoma is a rare gynecological malignancy, accounting for approximately 0.6% of all female cancers [1–3]. Despite its rarity, the vulva represents the most common site for melanoma within the female genital tract, even though vulvar melanomas (VM) constitute a small fraction of both vulvar cancers and melanomas overall [4, 5]. VM is the second most common type of vulvar carcinoma after squamous cell carcinoma [6, 7]. While predominantly affecting white postmenopausal women, cases have been documented in younger individuals, with a median diagnostic age of 68 years [5]. Due to its rarity, treatment protocols for VM are largely extrapolated from those established for

Sažetak

Uvod. Karcinom vulve je retko ginekološko oboljenje sa učestalošću od 0,6 procenata svih karcinoma kod žena. **Prikaz slučaja.** Sedamdesetšestogodišnja žena je upućena zbog tumorske promene lokalizovane u donjoj trećini velikih i malih usana, sa leve strane, promera oko 25 mm. Urađena je multifokalna biopsija. Magnetnom rezonancijom karlice uočeno je blago uvećanje ingvinalnog limfnog čvora sa leve strane. Načinjena je levostrana hemivulvektomija sa ingvinofemoralnom limfadenektomijom. Patohistološki nalaz potvrđuje prisustvo malignog lentiginoznog tumora. Ingvinofoemoralnom limfadenektomijom dokazano je prisustvo metastatskog malignog melanoma. I pored urednog patohistološkog nalaza kontralateralne strane vulve, dobijenog multifokalnom biopsijom, za manje od tri meseca, pacijentkinja se ponovo javlja sa de novo tumorskom promenom nodularnog tipa melanoma promera oko 9 mm, lokalizovanom u donjoj trećini velike usne sa desne strane. Urađena je široka lokalna ekscizija vulve. Onkološka komisija je indikovala adjuvantnu imunoterapiju pembrolizumabom, 200 mg po seriji, devet serija. **Zaključak.** Maligni melanom vulve je redak, nepredvidiv i agresivan tumor koji se najčešće javlja kod žena starijeg životnog doba sa visokom stopom recidiva i ukupno lošom prognozom.

Ključne reči: tumori vulve; melanom; metastaza; magnetna rezonanca; ginekološke operativne procedure; adjuvantna hemoterapija

cutaneous melanomas. This report presents a case of malignant vulvar melanoma and discusses the associated management strategy.

Case Report

A 76-year-old multiparous woman with a history of hypertension presented with a tumorous vulvar lesion, which she had noticed for approximately one year. There was no family history of malignancy. Ethical approval for this study was obtained on September 19, 2024, under protocol number 00-336 from the Ethics Committee of the University of Novi Sad, Faculty of Medicine Novi Sad, Serbia.

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Abbreviations

VM	– vulvar melanoma
MRI	– magnetic resonance imaging
MDT	– multidisciplinary meeting
HPF	– high power field
VMM	– vulvar malignant melanoma
AJCC	– The American Joint Committee on Cancer
FIGO	– The International Federation of Gynecology and Obstetrics
GOG	– The Gynecologic Oncology Group

On clinical examination, the vulva displayed a tumorous lesion with an uneven surface and irregular shape, characterized by exophytic growth in the lower third of the left labia majora and minora. The lesion measured approximately 25 mm and showed hyperpigmentation in certain areas (**Figure 1**). The vaginal vault and walls were smooth, with no evidence of pigmentation.



Figure 1. Macroscopic view of the initial vulvar tumor

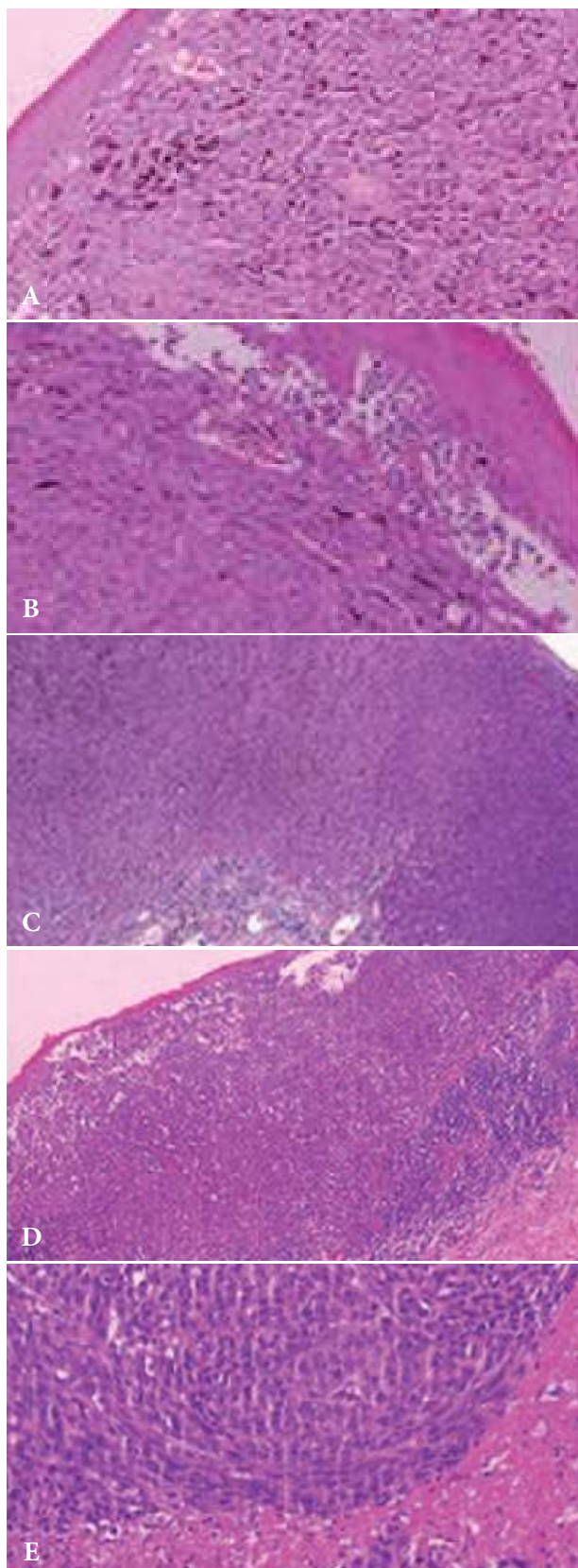


Figure 2. A), B) vulvar malignant melanoma after biopsy, HE, 10x C), D) vulvar malignant melanoma (mucosal lentiginous melanoma) after resection, HE, 5x E) Vulvar malignant melanoma after resection, HE, 20x.

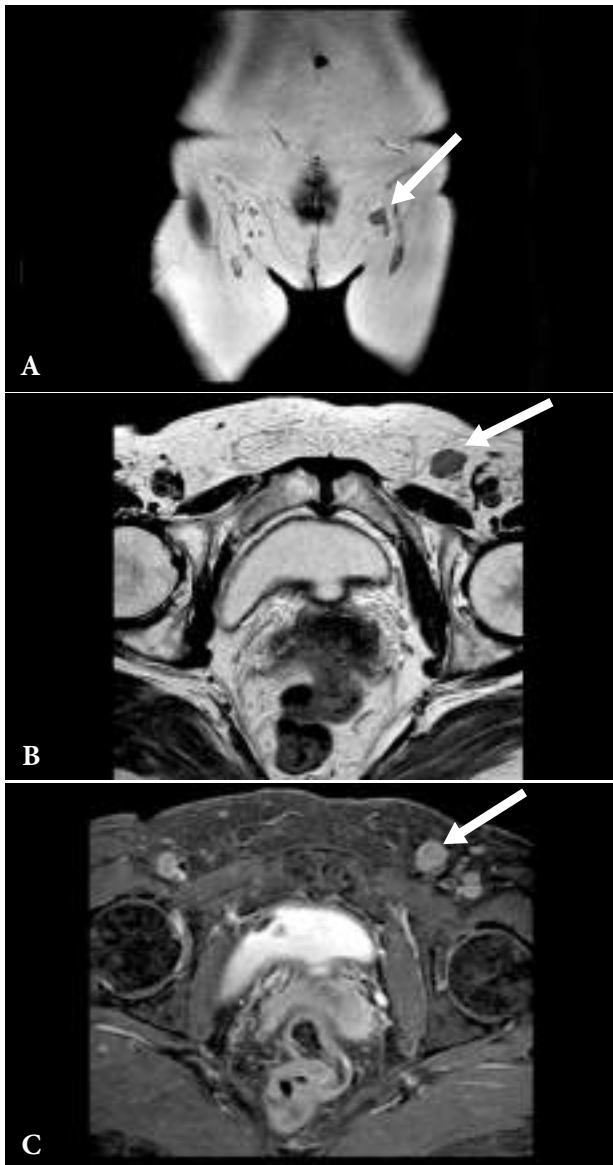


Figure 3. Pelvic MRI showing a suspicious, pathologically altered left inguinal lymph node (marked with arrow) in: A) T2W coronal plane, B) T2W axial plane and C) T2 SPAIR axial plane.

Multifocal biopsy revealed malignant cells infiltrating the left-sided vulvar tissue. These cells were arranged in solid sheets and clusters within the epidermis, dermis, and papillary dermis (**Figure 2**). The tumor consisted of epithelioid to spindled cells, with scattered intracytoplasmic melanin pigment and tumor-infiltrating lymphocytes. No lymphovascular or perineural invasion was observed. Biopsies from the contralateral vulvar side were negative for malignancy.

Pelvic magnetic resonance imaging (MRI) identified a mild enlarged, potentially pathologically altered left inguinal solid lymph node (**Figure 3**).

After a multidisciplinary (MDT) discussion and preoperative planning, the patient underwent a left

hemivulvectomy and inguinofemoral lymphadenectomy. Suspicious superficial and deep left inguinal nodes were included in the resection and submitted for histopathological analysis.

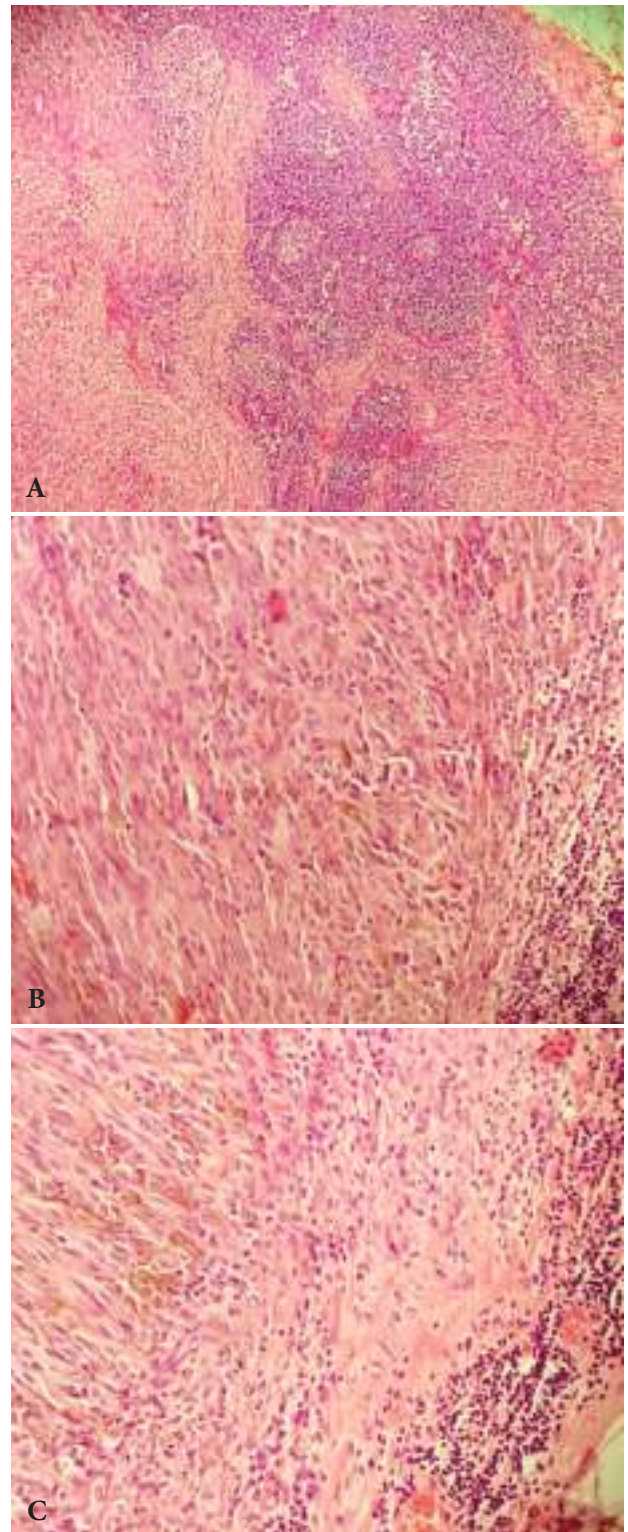


Figure 4. Melanoma metastases in the lymph node, A) HE, 5x, B) 20x, C) 20x

Histopathology revealed a malignant lentiginous tumor extending into the papillary and reticular dermis (Clark Level IV) with epidermal ulceration (**Figure 2**). The tumor exhibited a mitotic index of 13/10 high-power field (HPF) and a Breslow thickness of 1.5 mm. Brisk tumor-infiltrating lymphocytes were noted, but there was no evidence of perineural or lymphovascular invasion. The closest resection margin measured 10 mm. Inguinofemoral lymphadenectomy confirmed metastatic malignant melanoma in 3 of 6 lymph nodes (**Figure 4**). Immunohistochemical analysis showed HMB45+, Melan A+, AE1/AE3-, p40-. The final diagnosis was mucosal lentiginous melanoma, pT2b N2b M0, Stage IIIB.

Within three months of the initial surgery, the patient returned with a 9-mm tumor-like in the lower third of the right labia majora, despite the earlier contralateral biopsy findings being negative. MRI of the pelvis showed no pathological change in the right inguinofemoral region; thus, lymphadenectomy was not performed. A wide local excision of the vul-

va was conducted. Histopathological analysis revealed Clark's Level IV involvement, with tumor extension into the reticular dermis (**Figure 5**). The tumor demonstrated a Breslow thickness of 2.5 mm with ulceration but no inguinal lymph node involvement. The mitotic index was 11/10 HPF, and the closest resection margin measured 12 mm. The diagnosis was mucosal nodular melanoma.

Further diagnostic examination, including MRI of the endocranium, computerized tomography (CT) of the chest, abdomen, and pelvis, and ultrasound of the neck, axilla, and inguinal regions, revealed no pathological lymph nodes. Testing for the BRAF V600 gene mutation was negative.

Based on the findings, the multidisciplinary tumor board indicated adjuvant immunotherapy with Pembrolizumab (200 mg per cycle, 9 cycles).

Discussion

Melanomas are malignancies originating from melanocytes, with over 90% arising in the skin. The pathophysiology of vulvar melanoma (VM) remains poorly understood; however, it is thought to develop de novo on the vulva, as chronic sun exposure and UV radiation damage are not associated with VM [8]. Chronic dermatoses, such as lichen sclerosus, have been suggested as potential risk factors [9].

The incidence of vulvar malignant melanoma (VMM) compared to cutaneous melanoma is approximately 1:17, and is associated with a high recurrence rate [3, 10]. Vulvar melanoma typically presents in older women, as highlighted in our case [5, 8].

Vulvar melanoma carries a significantly worse prognosis than cutaneous melanoma, with a five-year survival rate of less than 50% [11]. Research indicates that lymph node status and mitotic count play critical roles in determining outcomes [12]. Nagarajan et al. reported that a high mitotic index, as observed in our case, is associated with substantially poorer outcomes compared to a low mitotic index [13].

Although vulvar cancer can manifest with symptoms such as a vulvar lump, discomfort, bleeding, and itching, early-stage vulvar malignancies may present as asymptomatic or oligosymptomatic flat or raised pigmented lesions. A carefully planned biopsy remains the gold standard for diagnosis [3, 5, 7, 12, 14]. In addition to describing the anatomical location, we documented the lesion's position using the clock-face method, noting its distance from the midline and vaginal introitus, as recommended [10].

Differential diagnosis of VMM is often complex due to the overlapping clinical and pathological features of benign and malignant lesions [12, 15].

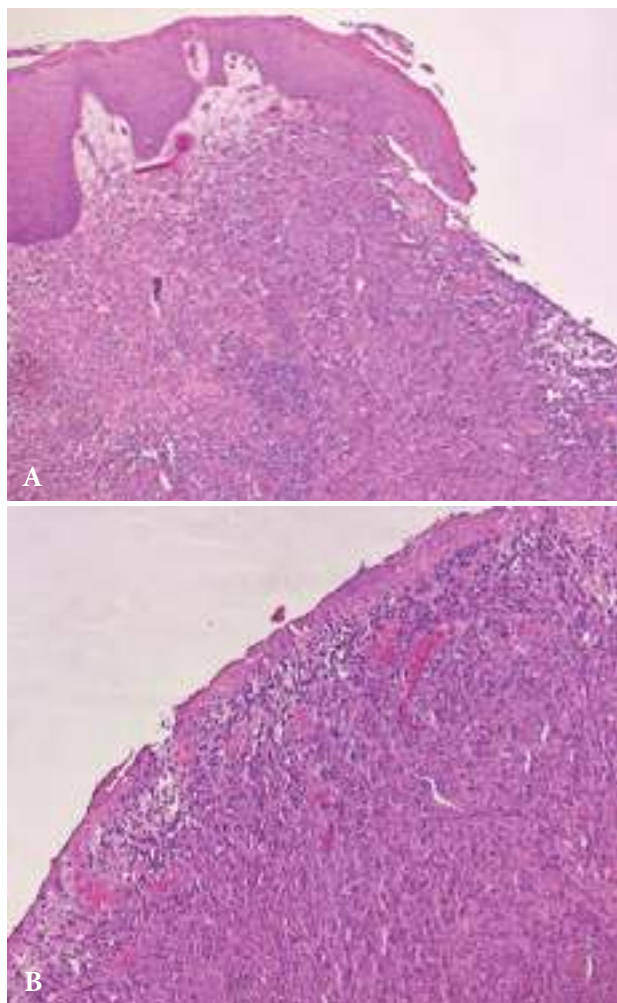


Figure 5. Vulvar malignant melanoma (mucosal nodular melanoma) after resection: A) HE, 5x, B) HE, 10x.

While advancements in dermoscopy have significantly improved the early diagnosis of cutaneous melanomas, its utility in vulvar melanoma diagnosis requires further validation.

For biopsy-confirmed vulvar melanomas, the American Joint Committee on Cancer (AJCC) staging system is preferred over the International Federation of Gynecology and Obstetrics (FIGO) system, which is used for vulvar squamous cell carcinoma. The Gynecologic Oncology Group (GOG)-73 study demonstrated that AJCC staging provides a more accurate survival prediction, a finding supported by recent population-based analyses [5, 12].

The AJCC 8th edition on melanoma staging and classification uses the Breslow thickness to determine the depth of invasion, providing a critical parameter for tumor staging under the traditional tumor-node-metastasis framework [16]. Although no universally accepted staging system exists for VM, the GOG recommends using the AJCC guidelines rather than FIGO [10].

Histological assessment of melanoma tumors with macroscopic data, and additional clinical diagnostic standards remain essential. While many histological subgroups may be clinically less significant, lentiginous and nodular melanomas – identified in this case – are the most common subtypes and warrant specific attention [17, 18].

Given the advanced stages at presentation, preoperative imaging is critical for surgical planning and delineating disease extent [10, 19]. In this case, pelvic MRI facilitated a comprehensive evaluation of the tumor.

The absence of standardized therapeutic guidelines for VM, coupled with its frequent presentation at metastatic or locally advanced stages, remains a significant challenge. As a result, treatment approaches often mirror those for cutaneous melanoma [18].

Surgical excision remains the cornerstone for vulvar melanoma management [10, 12, 18, 19]. Wide local excision with adequate safety margins is preferred, as radical excision has not demonstrated a significant therapeutic advantage [18, 20, 21].

Consistent with the National Comprehensive Cancer Network and European Society of Medical Oncology guidelines, our surgical margins for the lentiginous tumor with a Breslow thickness of 1.5 mm ranged from 1 to 2 cm. However, for the nodular melanoma with a Breslow thickness of 2.5 mm, we opted for narrower margins to preserve the functional integrity of midline structures, including the anus, urethra, and clitoris [1, 22, 23].

Conclusion

Vulvar melanoma is a rare and aggressive malignancy with a high recurrence rate and poor overall prognosis. It predominantly affects women in latter decades of life. Biopsy remains the gold standard for accurate diagnosis given the overlapping features of benign and malignant tumors. Prognosis is largely determined by lymph node involvement and mitotic count. Surgical excision remains the primary treatment, offering effective local disease control and improving quality of life by minimizing morbidity.

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